

# Do you suffer with unexplained symptoms?



Bloating



Skin problems



Headaches



Fatigue



Weight issues



Brain fog

Many people spend months or even years:

- Cutting foods out blindly
- Trying supplements that don't help
- Feeling dismissed
- Wondering why they still feel "off"

This test is designed to help give you a clearer starting point.

## Test 1771 items today.



## Take charge of your health

Uncover the factors that may be causing your symptoms or holding you back from feeling your best.

This simple non-invasive test analyses reactions and imbalances across **1771 items**, helping provide a clearer picture of what may be happening inside your body.

- |                          |                         |
|--------------------------|-------------------------|
| ✓ Food sensitivities     | ✓ Gut biome             |
| ✓ Non-food sensitivities | ✓ Hormone testing       |
| ✓ Metal sensitivities    | ✓ Anti-ageing           |
| ✓ Mineral analysis       | ✓ Stress & inflammation |
| ✓ Vitamin A-K            | ✓ Sleep                 |
| ✓ Additives              | ✓ Skin health           |
| ✓ Gut health             | ✓ Nutrition             |
| ✓ Digestion              |                         |



Simple non-invasive hair strand test



Results in 48 hours  
from receipt of sample at our laboratory



Colour coded easy to understand results



"The food sensitivity tests have changed my life. I am alert, I sleep longer, my swollen hands and ankles have got better. I am enjoying my food as I am not getting that bloated feeling."

Jill Rock - Customer



"Understanding why I bloat and feel unwell a lot is fantastic. Cutting out the food I am highly sensitive to has actually helped my bowels."

Lisa Craig - Customer

Discover what may be happening inside your body with our simple, non-invasive Sensitivity Test.

## Ask for more details

# Take the next step toward understanding your body

## Imagine feeling:

- ✓ More comfortable after eating
- ✓ Less bloated and sluggish
- ✓ More in control of your wellbeing
- ✓ Clearer mentally
- ✓ More confident in your food choices

## How it works



### Step 1

Take a small hair sample from the root and send it to our laboratory.



### Step 2

Our team analyses your sample using bio-resonance technology.



### Step 3

Receive your digital results report within 3-5 days of sample receipt.



## Key Benefits:

### Personalised wellness insights

Provides a tailored snapshot of how your body may be responding to foods, drinks, and lifestyle factors - no generic elimination lists.

### Early awareness and balance support

Can help highlight potential stress and imbalance areas linked to symptoms such as bloating, fatigue, headaches, skin issues, and brain fog.

### Non-invasive and gentle

No needles, blood tests, or harsh procedures. A simple hair sample makes testing easy and accessible.

### Practical guidance for your next steps

Results can help guide smarter food choices, elimination plans, and lifestyle changes with clearer, more actionable insights.

## Bio-resonance Testing

Bio-resonance testing is a non-invasive wellness assessment that looks at how the body energetically responds to different foods. Rather than measuring antibodies like traditional allergy tests, it focuses on the body's functional stress response to certain substances.

The idea is simple: when the body is out of balance or under strain, certain foods may create subtle stress signals. Bio-resonance aims to identify those signals early - before symptoms become more obvious or chronic.

### Why it's so useful

Bio-resonance testing is especially useful because it treats food sensitivities as changeable, not permanent labels. Instead of avoiding foods forever, it supports a responsive, evolving approach to nutrition - one that adapts as your health improves.

Please note This test is designed as a wellness and lifestyle support tool and is not intended to diagnose, treat, or cure medical conditions. If you have ongoing or severe symptoms, always seek advice from a qualified healthcare professional.